

Bear's Bistro

APPETIZERS



Salmon Cakes-

Tender Atlantic salmon combined with our house blend of spices. Served with herb aioli. 11

Stuffed Mushrooms-

Baby portabella mushrooms stuffed with flavorful crab meat and a blend of creamy cheese. 10

Bear's Cheese Dip-

A flavorful pairing of goat cheese and pesto, with other cheeses mixed in. Served with fresh pita bread. 8

Roasted Red Pepper Hummus-

Chickpeas and roasted red peppers blended with garlic and spices. Served with warm, fresh pita chips. 8

Sweet & Savory Potato Fries-

A dynamic duo of sweet potato fries, the first drizzled w/ a cinnamon caramel sauce, the next mixed in a house blend of savory spices and herbs. Served with herb aioli dipping sauce. 8

Seared Ahi Tuna-

Seared sashimi style ahi tuna, served on a bed of pickled cucumbers and onions with a side of wasabi vinaigrette. 12

Pick Appetizers 2 for 10 or Pick Appetizers 3 for 12

SALADS & SOUPS

Grecian Garden-

Kalamata olives, ripe tomatoes, fresh cucumbers, red onions, feta, and spring mix. Served with our house made greek dressing. 10

Nuts and Berries-

Fresh seasonal berries, candied pecans, goat cheese, red onion and spring mix. Served with balsamic vinaigrette. 10

The Big Caesar-

Romaine wedge drizzled with Caesar dressing, topped with ripe tomatoes, red onion, pita chips, and Parmesan. 10

**Add Chicken 2 Add Salmon 3 Add Shrimp 3
Add Steak 3 Add Ahi Tuna 3**

Seafood Bisque- cup 5 bowl 7

Mediterranean Vegetable Soup- cup 4 bowl 6

FORK-LESS FLAVORS

Served with a Side!

Spicy Bistro Burger-

Ground Lamb & Beef mixed with our house blend of herbs & spices grilled to perfection. Served with spring mix, ripe tomatoes, red onions, and goat cheese with a herb aioli sauce on a knotty bun. 9

Chicken Tacos-

Grilled Chicken combined with pickled cucumbers & red onion, ripe tomatoes, spring mix, feta, and our red pepper hummus spread on grilled pita. 1 Taco- 7 2 Tacos- 9

The Bear's Beast-

Juicy tender roast beef, grilled red onions & portabella mushrooms, with our Bear's cheese dip on an herb focaccia bread. 9

Veggie Burger-

Deliciously grilled veggie patty stacked on a bed spring mix, ripe tomatoes, red onions, and spicy brown mustard on a knotty bun. 8

The Ultimate Caesar Wrap-

Our Caesar salad wrapped in a spinach tortilla with your choice of protein.

Ahi Tuna 11 Steak 11 Chicken 10 Salmon 11 Shrimp 11

SIDES

Roasted Red Potatoes Grilled Asparagus
Greek Side Salad Grilled Seasonal Vegetables
Potato Salad Sweet Potato Fries Orzo Pasta
Basmati Rice Cup of Soup \$1 more

KABOB

Our deliciously marinated Kabobs are served with Basmati rice and Pita Bread.

Chicken 14 Beef 16 Veggie 13

ENTREES

served after 5pm with 2 sides

Grilled Honey Ginger Pork Porterhouse-

Our 14oz pork porterhouse grilled with a honey-ginger marinade. 15

Pan Seared New York Strip-

12oz NY Strip seared with our house blend of spices and herb butter. 21

Chicken Puttanesca-

Juicy chicken breast smothered in an Italian sauce served over angel hair pasta. 13

Grilled Lemon-Garlic Salmon-

Atlantic charbroiled salmon prepared in a lemon-garlic sauce. 17

Sticky Shrimp-

Sticky honey garlic butter jumbo shrimp coated in the most amazing honey garlic butter soy sauce served on a bed of Basmati Rice.