
BLUE SAIL FOOD MENU



Oatmeal

Multiple toppings offered

4.50

Pastries

Freshly baked

1.50 - 3.50

Quiche

Veggie or Quiche of the Week

5

Breakfast Muffins

Made with oats, nuts, bananas, and berries

4.75

Croissant Sandwiches

Egg and Cheese with Turkey or Bacon

4.75

Soup or Chili

Made fresh daily

Bowl 5

Cup 4.50

Southern Breakfast Tacos

At Midtown only, Mon - Fri 7 A.M. - 2 P.M.

Single 3.75

Pair 7.25

Consumer Advisory: Raw or Undercooked Meat (Fish, Poultry, and Eggs) may increase the risk of food borne illness.

Allergens: Some foods may be gluten free but have been cooked in the same kitchen as gluten foods. We also have foods that may include eggs, nuts, dairy, gluten, etc.



Time-Honored Espresso Based Beverages

Americano	3 3.15 3.2
Cappuccino	3.5 3.75 4.05
Latte	3.5 3.75 4.05
White Chocolate Mocha	3.75 4 4.3
Dark Chocolate Mocha	3.75 4 4.3
Caramel Latte	3.75 4 4.3
Vanilla Latte	3.71 3.96 4.26
Hazelnut Latte	3.71 3.96 4.26
Honey Latte	3.71 3.96 4.26
Cheesecake Latte	3.71 3.96 4.26
Caramel Macchiato	3.75 4 4.3

Other Flavors (+ 0.21): Almond, Amaretto, Butter Pecan, Cherry, Cinnamon, Coconut, Peppermint, Salted Caramel, Tiramisu, English Toffee

Sugar Free Flavors (+ 0.21): SF Vanilla, SF White Chocolate, SF Mocha

Enjoy any selection on the rocks served as M and La only.

Classic Flavor Combinations

French Vanilla Latte (<i>Vanilla and Hazelnut</i>)	3.71 3.96 4.26
Grasshopper Peppermint Mocha	3.75 4 4.3
Salted Caramel Mocha	3.75 4 4.3
Caramel Mocha	3.75 4 4.3
Marbled Latte (<i>White Mocha and Dark Chocolate Mocha</i>)	3.75 4 4.3
Neapolitan (<i>Cheesecake and Raspberry</i>)	3.71 3.96 4.26
Caramel Macchiato (<i>A layered vanilla latte topped with a caramel net</i>)	3.75 4 4.3
Cinnamon Toast Crunch (<i>Cinnamon, Hazelnut, Vanilla, topped with Cinnamon powder</i>)	3.71 3.96 4.26
Mayan Mocha (<i>Pinch of Cayenne Pepper and Mocha</i>)	3.75 4 4.3
White Chocolate Lavender	3.75 4 4.3
Samoa Cookie Latte (<i>Mocha, Caramel, Coconut</i>)	3.75 4 4.3
Truffle Latte	3.75 4 4.3
White Chocolate Mocha and Raspberry	3.75 4 4.3
Surprise Latte (<i>Barista's Choice! :-)</i>)	3.75 4 4.3

Enjoy any selection on the rocks served as M and La only.

Blended Lattes

Blended Caramel Latte	4.25 4.52
Blended Vanilla Latte	4.25 4.52
Blended Mocha	4.25 4.52
Blended White Mocha	4.25 4.52

Brewed Coffee

Ask your barista about the coffees that we are currently serving and what their flavor profiles are.

Cafe Au Lait (*Served as one part brewed coffee and one part steamed milk*)

Shot in the Dark (*Brewed coffee and espresso*)

Optional Brewing Methods:

French Press (*Sm, M, Lg*)

Pour Over (*12oz. only*)

Aeropress (*10oz. only*)

Siphon (*12oz. only*)

Price vary depending on size, brew method, and type of coffee

Other Craft Beverages

Chai Tea Latte (*Concentrate made in-house from Masala Chai, vanilla, and milk*)

3.56, 3.78, 4.06

Hot Chocolate

2.95, 3.3, 3.55

Steamer (*Milk frothed with a flavor of your choice*)

2.15, 2.35, 2.55

London Fog (*Served as one part Earl Gray Tea, one part steamed milk, and a delightful dash of Vanilla*)

3.95

Cold Brew -- What is Cold Brew? Glad you asked.

Cold Brew is coffee served on ice that was prepared using a novel brewing method that yields a coffee flavor that is very pure and low in acidity. Cold brewing coffee is a low temperature coffee brewing method that requires twelve hours of brewing and multiple filtration steps. Ask your barista what coffee was used to prepare our divine cold brewed coffee.

Tea

4.05

Blue Sail takes pride in serving you fresh loose leaf tea that was grown in several different parts of the world.

Check out our array of tea selections on the suspended shelf near the register.

Whole Milk Alternatives (*Skim, Soy or Almond*)

+ 0.60

Artisanal Espresso

Doppio Espresso (*Two ounces of expertly extracted espresso*)

2.55

Traditional Macchiato (*Doppio espresso served with a dollop of frothed milk*)

2.8

Con Panna (*Doppio espresso served with whip*)

2.65

Cubano (*Doppio espresso infused with brown sugar*)

2.8

Cortado (*Breve served over Cubano shots*)

3.9

Flat White (*Doppio espresso and lightly aerated milk*)

3.8

Shakerato (*Espresso, cream, brown sugar, and ice shaken together*)

3.95

Affogato (*Doppio espresso served over ice cream*)

3.95



Winter Specials

Gingerbread House Latte

Winter Fog (*Peppermint Tea and Frothed Milk*)

Almond Roca Mocha

Pumpkin Latte

Peppermint Bark Mocha

Campfire Toasted S'mores Latte

Eggnog Gingerbread Latte

Other Holiday Flavors: Butter Rum, Toasted Hazelnut, Creme Caramel, Chocolate Chip Cookie Dough, Peanut Butter, Peppermint Bark